

## Joint Working Executive Summary

### **Project title:**

Pain, Education, Confidence, Transformation (PECT)

### **Organisations involved**

West Knowsley PCN

Grunenthal Ltd.

### **Summary**

The intended aim of this project would be to create and support practices to implement pain medication reviews across West Knowsley PCN. This programme will look to build healthcare professional (HCP) confidence in adult chronic pain management, in order to deliver high quality chronic pain reviews to patients.

### **Background**

West Knowsley PCN is made up of 9 practices.

Chronic pain management is a key priority for this PCN as people who live with chronic pain experience significant impact on their quality of life. With lengthy wait times in secondary care this PCN would like to build capacity and capabilities within primary care to offer patients suffering with chronic pain regular pain reviews.

### **Objectives**

The intended aim of this project would be to create and support practices to implement pain medication reviews across West Knowsley PCN. This programme will look to build healthcare professional (HCP) confidence in adult chronic pain management, in order to deliver high quality chronic pain reviews to patients.

This project will also look to upskill identified HCPs within each practice to lead reviews, establish an agreed pathway and build a sustainable service moving forward. The focus of this project will be to:

1. Understand and support people who suffer with chronic pain and who do not currently receive support and reviews.
2. Train and upskill all applicable HCPs.
3. Improve the knowledge and confidence of HCPs so that they can better advise and support patients with both pharmacological and non-pharmacological approaches to pain management.
4. Identify and recall specific cohorts of patients that are likely to need a chronic pain review.
5. Produce and digitise a protocol in line with local guidelines (or development if required) that manages the titration/change/removal of pain medication.
6. Monitor and regularly review these patients on a case-by-case basis.
7. Provide care closer to home for patients by providing reviews in primary care.
8. Increase the number of patients treated to the local guidelines.

### Benefits

To patients:

- Improved reviews for patients that supports the holistic wellbeing of the person including any pharmacological needs.
- Improved patient experience when engaging with healthcare services.
- Better care, through patients being treated in line with local best practice guidelines.
- Faster more efficient care for patients, potentially reducing the need to be referred to secondary care or having unplanned pain-related admissions to hospital.
- Access for those showing signs of addiction/dependence to support that will help facilitate the reduction/cessation of these medications.

To NHS:

- A successful project of this nature could lead to the establishment of a primary care based chronic pain management service that would also impact the wider community. This may lead to changing how chronic pain services are locally commissioned.
- Improved Primary Care confidence in optimising the management of patients as per local guidelines.

- Early intervention in the care of pain patients may reduce pressure on NHS services and may reduce unplanned admissions and referrals.

To Grunenthal:

- Opportunity to demonstrate our commitment to patients by putting patient welfare at the heart of this project.
- Improved understanding of the challenges when treating pain within primary care.
- Ability to share learnings from this project to other regions across the UK to support improved overall patient care.
- Recognition as a trusted partner in Joint Working projects and the pain environment.
- Increased knowledge and implementation of appropriate pain management including opioid medication, which may or may not include medicines manufactured by Grunenthal.

#### **Completion date**

June 2023